

**AVAILABLE DAILY
AT THE CENTER**

- **WALKING:** In climate-controlled banquet room, twenty-five (25) laps equals a mile. Monday - Friday from 8 a.m. until 3:45p.m. **Unless there is a scheduled activity.**



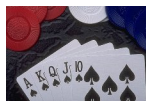
- **OUTSIDE WALKING TRAIL:** Each lap equals 1/3 Mile. Exercise and enjoy the beautiful winter scenery.



- **FITNESS ROOM:** Open for your convenience Monday – Friday from 8:00 a.m. to 3:45 p.m. (We ask that you please register at the front desk when using the fitness room.)



- **CARDS:** Card tables available for your use on a daily basis.



- **BILLIARDS/POOL:** Pool tables are available Monday, Tuesday, Thursday & Friday from 8:00 a.m. to 3:45 p.m. and Wednesdays from 1 to 3:45 p.m.



- **CORN HOLE:** You can try your luck at Corn Hole games in the lower level Monday thru Friday from 8:00 a.m. to 3:45 p.m. Check with staff on the availability of the room when you come in.

**RAINBOW MESSENGER
FEBRUARY, 2014**

- **COMPUTER LAB:** The computer lab is available for your personal use daily. **FREE** computer assistance is available every Wednesday from 9-10:30 a.m. Ryan is here to assist you and answer your questions regarding computers. We also have wireless internet if you have questions about your laptop.



REGULAR SCHEDULED ACTIVITIES

- **TLC CLASS (Tender Loving Crafts)** Betty Hoffman craft coordinator and the other crafters would love for you to join the T.L.C. craft class that meets every Tuesday morning from 10 to 12. Come in and see the well equipped arts & crafts room. The small studio fee is \$3.00 per session and class participants may purchase project supplies at 50% off cost. Class is fun and educational & a super way to meet new friends.



February 4th - Water Color Paint/Floral
February 11th - Valentine Cards
February 18th - Rock Art
February 25th - Fabric Paint/Denim Shirt

- **SINGING SENIORS:** Meet Friday mornings at 10 a.m. at The Habig Center. They will be singing at **St. Charles Health Campus in Jasper at 10 a.m. on Friday February 21st.**



- **BINGO:** Will be played at **12 p.m. Tuesdays, February 4th & 18th.** We ask you to keep bills to \$5 and under. Cost is \$1.00 per card to play all 50 games and \$.25 to play in the two special games. Someone will be in the Banquet Room to collect money beginning at 11:30 a.m. *****You may want to bring a sweater or jacket, it sometimes gets cool.**

BINGO									
7	25	44	57	62					
15	22	40	50	70					
11	30	FREE SPACE	46	74					
2	28	37	55	68					
10	27	39	59	75					

- **BLOOD PRESSURE CHECKS:** Will be available in the Banquet Room starting at **11:15 a.m. on Tuesdays, February 4th & 18th.**



- **EXERCISE CLASS:** Is held every **Monday and Thursday morning at 9 a.m.** in the Banquet Room. The exercises are designed to help keep your joints limber. Start your day off with some fun and get health benefits too!



- **WALK FIT VIDEO:** Come in at **9:45 a.m. on Monday & Thursday mornings** for a group fitness walk video. It is a great way to get your heart pumping and you go at your own pace! A staff member is with the group and will help guide you through the video.

CARD TOURNEYS



- **Thursday, February 6th**
Cinch Tourney
- **Thursday, February 13th**
Sheephead Tourney
- **Thursday, February 20th**
Rum Tourney
- **Thursday, February 27th**
Euchre Tourney

Tourneys begin at 12:30 p.m. Entry fee is \$1.00 and prizes are awarded to 1st, 2nd & 3rd place. Please sign-up by 10:00 a.m. the morning of the Tourney you are playing in.

- **TEXAS HOLDEM:** Will be played **Monday, February 10th at 12:30 p.m.** There is a \$1.00 charge for the chips and the winner receives a cash prize. **Reservations are due by 3 p.m. Friday, February 7th.**

- **DOMINOES:** The Mexican Train version will be played at **12:30 p.m. on Wednesday, February 5th and Friday, the 21st.** It is a fun game that is easy to learn. Everyone is welcome! We play a quarter a game with the low score winning. Please call in by 10 a.m. if you are coming in to play.



- **PAY-ME:** A game similar to Rum but played with 3 decks of cards including the jokers will be played at **12:30 p.m. on Friday, February 7th, Tuesday the 11th and Monday the 24th.** Bring your change, we play for 10 cents a round and 25 cents a game. Please let us know by 10 a.m. if you are coming in to play.

RAINBOW MESSENGER

- **TRIOLEY:** Bring your pennies to play Tripoley at **12:30 p.m. on Monday, February 3rd & Wednesdays the 19th & 26th.** We have a lot of fun! Please call in by 10 a.m. game day if you would like to play.

- **SCRABBLE:** Join the group playing Scrabble at **12:30 p.m. on Tuesdays February 11th & 25th.** We have a lot of fun! Please sign-up by 10 a.m. game day if you plan to attend.

- **PHASE-10:** Will be played on **Wednesday, February 12th and Friday the 28th at 12:30 p.m.** It is a fun easy card game. Please call in by 10:00 a.m. the day of the game if you would like to play.

- **HEARTS:** There is no better time to play Hearts then on **Valentine's Day. The game will begin at 12:30 p.m. on Friday the 14th.** We plan on having fun and don't worry if you do not know how to play, we will teach you. **Call in by 10 a.m.** if you will be able to come in to play.



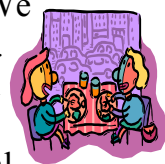
SPECIAL ACTIVITIES

- **BOOK CLUB:** Will meet **Thursday, February 13th at 12:30 p.m.** to discuss **"A Disobedient Girl"** by Ru Freeman. In March the club will read, **"Deeper Than the Dead"** by Tami Hoag. Reviewers say the chilling premise and exciting twist make this a nail-biting thriller. New members are always welcome.



- **BOOMERAMA:** **Monday, February 17th at 12 p.m.** Becky Kirk with Western Southern Life will give a presentation titled, **"Estate Planning Fundamentals"**. If you own property or if you have assets, regardless of how much or how little, you have an estate, and should have a plan. The presentation is free. There is a \$5.00 charge to cover the cost of the optional lunch. **Reservations are due by 3 p.m. Friday, February 14th.**

- **LUNCH BUNCH:** We invite you to join us at El Maguey on **Tuesday, February 11th at 11 a.m.** We always go "dutch treat". Come enjoy good food and visit with old friends & make new ones! They have special menu selections for \$5.99 Please make your **reservations by 3 p.m. Thursday, February 6th.**



- **CATERED MEAL:** Mark your calendar for **Monday, February 24th and join us for a delicious meal including:** grilled chicken breast, red potatoes in a cheese/bacon/white sauce, California medley, corn, tossed salad with 2 dressings, dirt pudding and unsweetened tea or decaf coffee. Sanders is the caterer for this meal to be served at Noon for \$8.50 per person. Please make your **reservations by 3 p.m. Thursday, February 6th.**

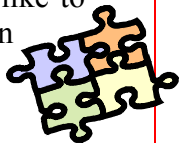


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- **Wii GAMES:** The Center has a Wii game hooked up to the large screen T.V. in the lower level of the facility. Golf, Tennis, Bowling, Boxing and Baseball are available for you to play. For an aerobic workout we have Zumba & Just Dance programs.



- **PUZZLES:** We have one on the dining room table for anyone who would like to help. Put a few pieces together in passing or sit for awhile.



- **MAH JONGG:** Originated in China & is played with tiles similar to dominoes. The object of the game is to place tiles into combinations that make a "hand". Its concept is similar to Gin Rummy. Games are played on **Wednesdays at 1 p.m. and Fridays at 8:30 a.m.** New players are always welcome.

- **LESSONS:** Is there anyone interested in learning Sheephead or Cinch? If you would like to learn one of these games call in and let us know. We will try to find teachers if there is interest.



Are there any **TONK** players out there? We have someone interested in getting a group together to play. Call in and we will compile a list.

- **MOVIE:** Join us for "**Enough Said**" at **12:30 p.m. on Tuesday, February 25th.** It is a sharp, insightful comedy that humorously explores the mess that often comes with getting involved again. Refreshments will be provided so please



call in and **sign up by 10 a.m. the day of the movie** if you are coming in.

FUTURE TRIP

The Center will be going to Derby Dinner Theatre, **Wednesday, March 19th** to see the lunch matinee "**Copacabana**". Barry Manilow's Grammy Award-winning song is brought to life on stage! This love letter to musicals of the 1940's is full of dazzling costumes, production numbers and original songs created by Barry Manilow. We will leave **Jasper Armory at 9:30 a.m. Wednesday, March 19th**, with pick-ups in Huntingburg and Ferdinand upon request. **Cost of the trip is \$61.00** for ticket, dinner & transportation. **Sign-ups start by phone at 7:30 a.m. Wednesday, February 5th.** Money is due by **3 p.m. Thursday, February 20th.** We will be taking 1 bus on this trip.



- **TCE/VITA TAX ASSISTANCE:**

The local Centers will offer income tax assistance for Senior Citizens. The following gives information about each Center.

OLDER AMERICANS HABIG CENTER

Thursdays, 9 a.m. until 3 p.m.

February 6th through April 3rd.

Call **482-4455** to schedule an appointment.

HUNTINGBURG SENIOR CENTER @OLD TOWN HALL

Tuesdays, February 4th through April 8th from 12:30 p.m. to 7:00 p.m.

Call **683-2994** to schedule an appointment.

FERDINAND: PUBLIC LIBRARY

Mondays, February 10th thru April 7th from 10:30 a.m. to 5:00 p.m. Closed

February 17th; Presidents' Day.

Appointments are preferred but walk-ins will be accepted. To schedule an appointment call: **367-2842 or 630-6402.**

BE SURE TO BRING: Copy of last year's tax returns (**2012**), all forms, W-2's and 1099's, information for other income, information for all deductions and/or credits. (Basically any form of income). **Please wait until you have ALL forms and information needed before making an appointment.**

- **BIRTHDAY & ANNIVERSARY:** If you would like your birthday and/or anniversary to appear in the Newsletter, please let the staff know the month and day. Thank you!!

- **MILL VOLUNTEERS NEEDED:** The Mill is looking for individuals to greet customers and sell souvenirs. If you are interested in volunteering on Saturdays or Sundays, please call the Park & Rec. office at 482-5959.



- **BOOK SHELF:** Thanks to the generosity of so many, we have a great selection of books for you to borrow. They are located on the 2 bookshelves in the computer room.



- **SUNDAYS:** The Center is open from 1:00 to 4:00 p.m. for your enjoyment. We appreciate the volunteers who make this possible. If you would like to volunteer to open The Center on Sundays, call and we will add you to the list.

HAPPY BIRTHDAY

FEBRUARY



4th	Shirley Farley
12th	Irvin Blemker
15th	Bob Meyer
19th	Patty Freeman
22nd	Mary C. Burger
23rd	Bob Stemle
25th	Anna Summers
27th	Linda Foisy
28th	Connie Welp
28th	Helen Weyer

Anniversaries



FEBRUARY

3rd	Jerry & Rita Reller
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WINTER CLOSINGS

In case of inclement weather, please listen to radio stations WITZ and WBDC for cancellations and/or rescheduling.



Recipe Exchange



Candied Kielbasa

Ingredients:

2lbs Kielbasa (cut at an angle, 1" pieces)
1 cup light brown sugar
½ cup ketchup
¼ cup of horseradish

Directions: Mix the brown sugar, ketchup and horseradish in a crock pot on high. Cut the kielbasa diagonally into 1 inch pieces. When the mixture in crock pot is combined and heated add the kielbasa. Cook on high for about an hour stirring every 20 minutes to coat the kielbasa. It can also be cooked on low just increase time to about 3 hours. Very good appetizer!

Submitted by: Kris Hochmeister

Have a good recipe to share? We would be happy to publish it.